

President John F.



Why sit through this presentation?

- Debt-free Future
- Exotic “Beachfront” Locales
- Unlimited Professional Growth
- Excellent Benefits
- Continuing Education Opportunities
- Excellent Working Environment
- Military Uniform respected by colleagues

Agenda

- The Money
- The Benefits
- The Job
- The Career...
- The
Scholarship



Monthly Compensation

Navy

- Basic Pay 3292
- BAS 193
- BAH* 2051
- Spec Pay 100
- Total 5636

Civilian

- Basic Pay 7083

* BAS/BAH are Tax Free allowances - BAH based on married, stationed in San Diego

Monthly Take Home

Navy

• Total	5636
• State/Fed Tax	-574
• Student Loan	0
• Disability	0
• Health Ins	0
• Malpractice	0
• CME	<u>0</u>
Net	5062

Civilian

• Total	7083
• State/Fed Tax	-1706
• Student Loan	-1009
• Disability	-23
• Health Ins	-434
• Malpractice	-43
• CME	<u>-83</u>
Net	3785

FUTURE PAY RAISES

BASIC PAY - EFFECTIVE JANUARY 1, 2007

Cumulative Years of Service

Pay Grade	2 or less	Over 2	Over 3	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 24	Over 26
O-6	5,206.20	5,719.20	6,094.50	6,094.50	6,117.60	6,380.10	6,414.60	6,414.60	6,779.10	7,423.80	7,802.10	8,180.10	8,395.20	8,613.00	9,035.70
O-5	4,339.80	4,888.80	5,227.50	5,291.10	5,502.00	5,628.60	5,906.40	6,110.10	6,373.20	6,776.40	6,968.10	7,158.00	7,373.10	7,373.10	7,373.10
O-4	3,744.60	4,334.70	4,623.90	4,688.40	4,956.90	5,244.60	5,602.80	5,882.40	6,076.20	6,187.50	6,252.30	6,252.30	6,252.30	6,252.30	6,252.30
O-3	3,292.20	3,732.30	4,028.20	4,392.00	4,602.00	4,833.00	4,982.70	5,228.40	5,355.90	5,355.90	5,355.90	5,355.90	5,355.90	5,355.90	5,355.90

- INCREMENTAL PAY RAISES BASED ON TIME IN SERVICE
- PROMOTIONS ON AVERAGE ~ EVERY 6 YEARS
- ANNUAL PAY RAISES 0.5 % ABOVE AVERAGE CIVILIAN RATE
- BAH (TAX FREE) ALSO INCREASES WITH PROMOTIONS
- RETENTION BONUS OF \$6,000/YR AFTER INITIAL OBLIGATION

ACTIVE DUTY RETIREMENT

- Each year of service worth 2.5% toward retirement multiplier
 - 50% of base pay at 20-years up to 75% at 30 years
 - Must do minimum 20 years to get a retirement benefit
 - Cost of Living Adjustment (COLA) applied annually based on Consumer Price Index
- Example 1: Navy Commander (O-5):
 - Retiring with 20 years would receive \$42,948.00/yr
 - Retiring with 28 years (max for rank) would receive \$61,934.00/yr
- Example 2: Navy Captain (O-6)
 - Retiring with 20 years would receive \$49,080.00/yr
 - Retiring with 30 years would receive \$82,947.00/yr

For more information on Military Compensation
Benefits visit:

<http://www.defenselink.mil/militarypay/>

OTHER BENEFITS

- 30-days paid vacation annually (2.5 days accrued/mo)
- Free medical care for family
- Low cost dental care for family
- No clinic on weekends/holidays - Quality of Life!
- Thrift Savings Plan (tax-deferred retirement and savings plan)
- Retirement Benefit
 - 50% of Base Pay at 20 years; 75% at 30 years
- Commissary and Exchange Benefit
 - 20 to 25% average savings over civilian counterparts
- Paid Continuing Medical Education
- GI Bill/Tuition Assistance to obtain Masters Degree
- Residency/MBA programs/PhD programs

Mission / Opportunities

- Humanitarian Missions
- Expeditionary Medical Facilities
- Instruct Flight Surgeons
- Refractive Surgery Center Director
- Research (PhD programs)
- Residency Programs
- Adjunct Faculty Positions



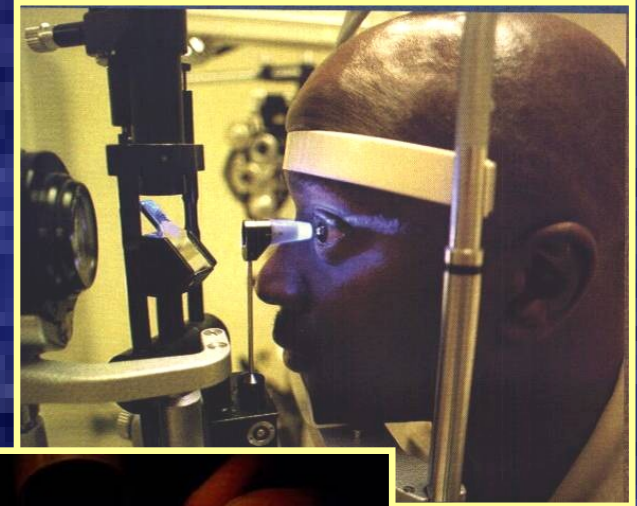
Professional Opportunity

- Leadership Opportunities - There are NO similar civilian pathways or experiences that will give you the management and leadership skills you will obtain as a Naval Officer.
- Serve 3-30 years - The skills you learn and practice during your Naval career will assure your integration and acceptance into the civilian world of health care whenever that time comes



Navy Optometry

- Integrated Hospital-Based Care
- Specialty Contact Lens Fittings
- Pre/Post Refractive Surgery Care
- Glaucoma Management
- Patient Load = 2 pts/hr
- Electronic Medical Records
- Adjunct Faculty Positions
- Deck Plate (afloat) Optometry
- Aerospace Optometry



Unique Opportunities

OCONUS LOCATIONS

- CUBA (GUANTANAMO BAY)
- GUAM (AGANA HEIGHTS)
- HAWAII (PEARL HARBOR)
- ITALY (NAPLES AND SIGONELLA)
- JAPAN (YOKOSUKA, IWAKUNI, OKINAWA)
- KUWAIT (KUWAIT CITY)
- SPAIN (ROTA)

Unique Opportunities

CONUS LOCATIONS

- ARIZONA
- CALIFORNIA
- CONNECTICUT
- DISTRICT OF COLUMBIA
- FLORIDA
- GEORGIA
- ILLINOIS
- MAINE
- MARYLAND
- MISSISSIPPI
- NEW HAMPSHIRE
- NORTH CAROLINA
- RHODE ISLAND
- SOUTH CAROLINA
- TENNESSEE
- TEXAS
- VIRGINIA
- WASHINGTON

Career Navy Optometrist

Challenging Clinical Assignments

Leadership Opportunities

Integration Into a Multidisciplinary
Medical System

A Life of Variety

The Military Retirement System



Examples of Leadership Positions held by Navy Optometrists

- Director, Medical Service Corps (Rear Admiral)
- Deputy Director, Medical Service Corps
- Commanding Officer, U.S. Naval Hospital Okinawa
- Commanding Officer, Naval Ophthalmic Support and Training Activity
- Executive Officer, Naval Ophthalmic Support and Training Activity
- Executive Officer, Naval Aerospace Medical Research Laboratory
- Specialty Leader for Navy Optometry
- Director, Navy Refractive Surgery Centers
- Director/Officer-in-Charge, Branch Health Clinic
- Department Head, Optometry Clinic
- President, Armed Forces Optometric Society
- Chairman, Admissions Committee, American Academy of Optometry

Health Professions Scholarship Program (HPSP)

START YOUR OPTOMETRY CAREER DEBT FREE

- **Full Tuition** at Public or Private Optometry School
- **Reimbursement for:**
 - required books and equipment
 - required school fees (except housing and meals)
- **Monthly stipend of at least \$1279.00**

Scholarship Requirements

- Enrolled in Accredited Optometry School
- Minimum GPA of 3.0
- Able to complete Degree prior to 42nd birthday
- US Citizen (Birth or Naturalized)
- Meet physical qualifications of a Commissioned Officer



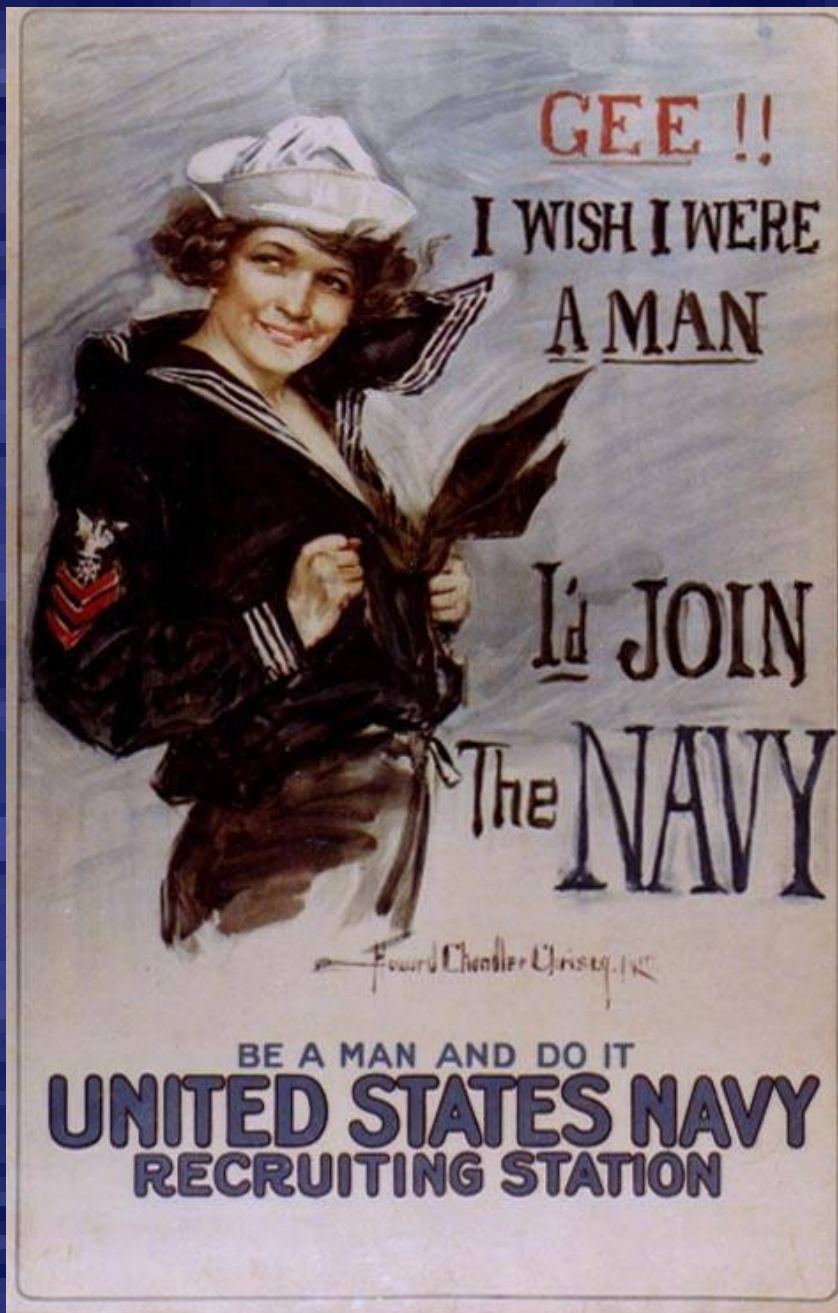
Obligation of Scholarship Students

- No uniforms or drilling during Optometry School
- During the summer, you will be paid to attend Officer Indoctrination School, study for exams, or attend externship opportunities at Naval Medical Facilities
- Serve one year of Active Duty for each year of scholarship participation.
(minimum 3 years)

Factors Considered in Selection

- OAT + GPA
- Evidence of Leadership
- Prior Eye Care Experience
- Good Recommendations
- Prior Military Service





Navy Optometry Points of Contact Specialty Leader for Optometry

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